

# **TrueKast Total Cushioning System**

Item No. TK-TCSF

### Total Foot Protection System

(patented technology)



The Integrated Total Foot **Protection System provides** reactive foam cushioning over the entire foot, ankle, and tibia surface for patient comfort & protection from injury to bony prominences and soft tissue structures. Perforated, soft and resilient, it affords both Clinicians and Patients the protection needed in any of our TrueKast Cushioning, **Splinting and Offloading** Systems.

#### **STANDARDIZE Your Protection**

Standardize your line of Cushioning, Splinting and **Casting Products to** ensure that everyone on your Team understands what and how each of these crucial applications are applied and that they are all standardized for positive outcomes.



## **Everything You Need to Cushion Your Patient's** Foot & Ankle in One Standard Kit!



How do YOU protect wounds on the foot & ankle, expensive skin substitutes or grafts, painful wounds, surgical wounds/sutures, or the fragile skin of a newly closed wound?

What do YOU use for Offloading and Protection when you are NOT using a Total Contact Cast?

Try the TrueKast Total Cushioning System for Foot & Ankle with the Patented Technology, Total Foot Protection Technology of the TrueKast Total Contact Cast.

SPEED - Pre-Cut, Self-Adherent Design Applies Quickly and allows for greater patient pass-through.

SAFETY – Reactive Foam Material Reduces Risk of Secondary Ulcerations Over a Larger Area.

COMPLIANCE - Increased Patient Comfort Leads to Greater Acceptance of Cushioning, Splinting and Casting Modalities.

ECONOMY - Savings of Thousands of Dollars on Special Dressings to Pad & Protect Wound



### TrueKast TCS (Total Cushioning System for Foot & Ankle) – Application Instructions



Step 1 – Toe Cotton/Stockinette

Place Toe Cotton between the toes and the Stockinette onto the foot up to just past the ankle. Leave 3 inches above top of the toes.



Step 4 - Cast Padding Roll #2

Fanfold 2<sup>nd</sup> roll of Cast Padding to cover Plantar surface only. Place the fanfold on the Plantar surface.



Step 7 – Gauze Wrap Roll #1

Wrap the foot and ankle with the roll of Gauze. Use the entire roll going up and down the foot. Wrap snugly.



Step 2 – TFP Foam Pad System (See the diagrams at the bottom of the page)

Remove backing. Place on foot. Bend flaps to cover back of heel and ankles. Bend front over toes to cover dorsum. Trim excess.



Step 5 - Combine/Overlap Rolls

Fold 1st roll over 2nd roll, covering the entire Plantar surface, back of the heel. And dorsum of the toes.



Step 8 – Cohesive Bandage Roll

Wrap the foot and ankle with the roll of cohesive bandage. Use the entire roll going up and down the foot. Wrap snugly.



Step 3 – Cast Padding Roll #1

Fanfold 1st roll of Cast Padding long enough to cover the dorsum on top of toes, across Plantar surface, and to the back of heel.



Step 6 - Cast Padding Roll #3

Wrap foot and ankle with 3rd roll of Cast padding. Use the entire roll going up and down the foot.



Step 9 - Cast Shoe Application

Apply cast shoe. Tighten the straps in a crisscross fashion. Check to see if re-tightening is required when the patient stands.

Place on Foot



Tab over Heel



Sides over Ankles



Front over Toes



Trim Excess

